Digitala utbildningsverktyg på ESC:s hemsidainte bara att läsa guidelines!

Ioannis Katsoularis

Specialistläkare, Kardiologen, NUS

Fortbildningsdagar i Kardiologi

2021-02-12



ESC Congress 2020 The Digital Experience







Hur ser utbildningen ut idag?



Räcker det med guidelines?



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Journals

Guidelines

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Research

Guidelines and Scientific Documents

Guidelines present relevant evidence to help physicians weigh the benefits and risks of a particular diagnostic or therapeutic procedure. They should be essential in everyday clinical decision-making.

Most Recent Guidelines 2020 Acute Coronary Syndromes (ACS) in Patients Presenting without Persistent ST-Segment Elevation 2020 Atrial Fibrillation 2020 Sports cardiology and exercise in patients with CVD View more

Nytt Curriculum



The ESC

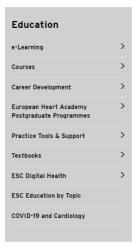
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European Society of Cardiology > Education



ESC Curricula

The ESC strives to ensure coherence and cohesion within cardiovascular medicine, as well as to keep ahead of the game with new developments in this very dynamic field of medicine.

The development of syllabi and curricula is a means to document and structure the field of cardiology. The aim is to provide a framework for training and lifelong learning in cardiology and its subspecialties.

The ESC Core Curriculum for the Cardiologist



The 2020 Core Curriculum for the Cardiologist provides a framework for the training required to practice as a cardiologist.

It is based on ESC clinical practice guidelines and has been developed with active participation of National Cardiac Societies, the Young Cardiology Community, trainees, and patients.

What's new in the 2020 Edition?

Q Read more and download full text



European Society doi:10.1093/eurheartj/ehaa641

ESC Report

ESC Core Curriculum for the Cardiologist

Felix C. Tanner [®] ^{1*}, Nicolas Brooks², Kevin F. Fox³, Lino Gonçalves⁴, Peter Kearney⁵, Lampros Michalis⁶, Agnès Pasquet⁷, Susanna Price⁸, Eric Bonnefoy⁹, Mark Westwood¹⁰, Chris Plummer¹¹, and Paulus Kirchhof [®] ^{12,13*}

ESC Professional Membership



Access to ESC 365 - ESC Congress abstracts, slides and videos - all year long

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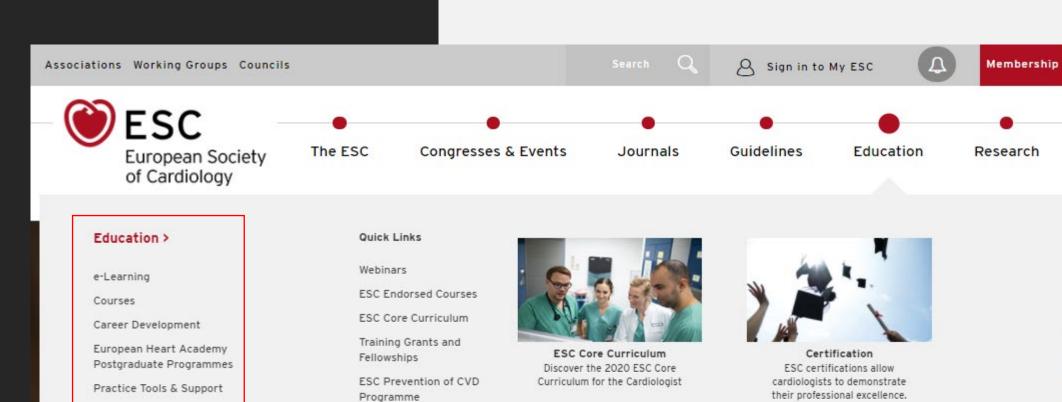
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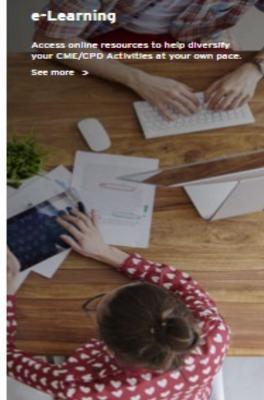
Education

The ESC's educational resources in general cardiology and subspecialties provide interactive, evidence-based programmes in support of your continuing medical training. You can attend in person or watch online. Led by some of the leading experts in cardiology, these programmes teach everything you need to stay current in this ever-changing field.

The ESC's vision for medical education is to improve cardiovascular outcomes.













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ESC e Learning plattform (ESCeL)



ESC Guidelines into Practice Tracks



webinars



ESC Clinical Case Gallery

e-Learning (2)



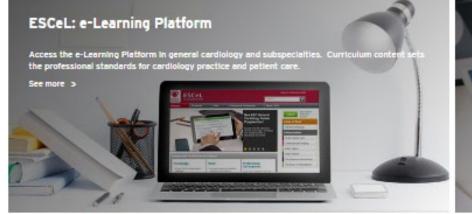
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Education

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e-Learning

We offer a selection of interactive, web-based, educational resources designed by experts to help improve your daily practice. Helps practitioners in general cardiology and subspecialties to keep up with continuing medical education (CME) at their own pace.







ESC Clinical Case Gallery

Share your clinical cases and view typical clinical scenarios, discuss findings and test your knowledge through these cases.

See more >



Guidelines into Practice Tracks

Access the best of ESC Congress for the clinical implementation of the guidelines.

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The ESC e-Learning Platform (ESCeL)

Lifelong learning and cardiology training programmes online



The ESC e-Learning Platform is a web-based tool to facilitate and harmonise cardiovascular training for experienced cardiologists and those starting in the field.

- . Knowledge and skills assessment
- Professional development
- · Laboratory accreditation

Access ESCeL



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Percutaneous Interventions

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Rehabilitation, Sports See more >

ESCeL (2)





Search







Professional Development

About ESCeL



Modules at a glance

Knowledge

- = Access online courses & study materials
- Complete exams towards certification

Skills

- . Log your case and procedures using the online logbook
- Review your DOPS (Directly) Observed Practical Skills)

Professional Development

- Log your publications, relevant meeting attendance, and research
- Initiate 360° peer appraisals

VIEW

MY LEARNING DASHB

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EEGC - All you was (restricted access)

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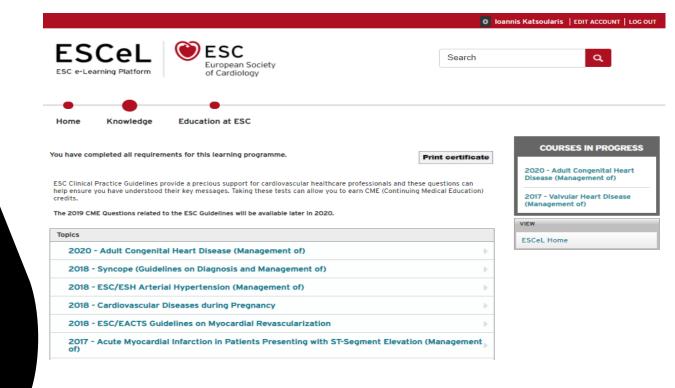
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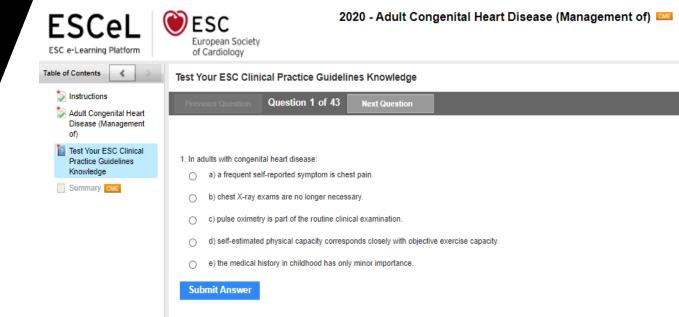
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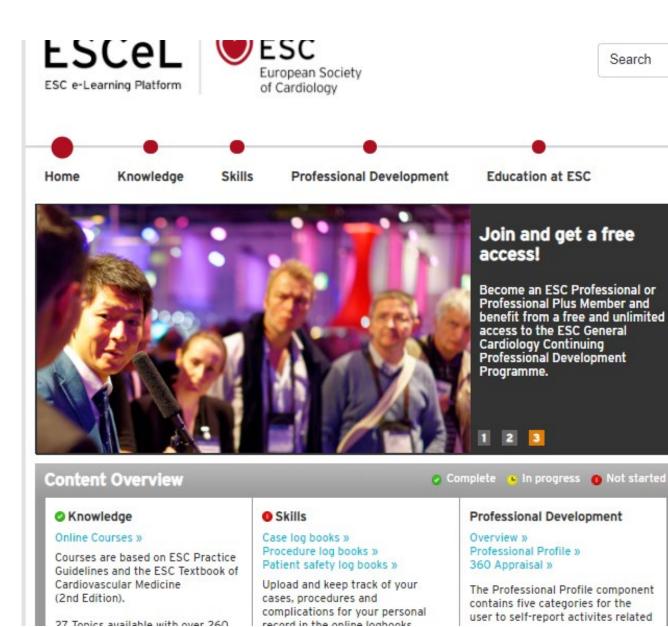
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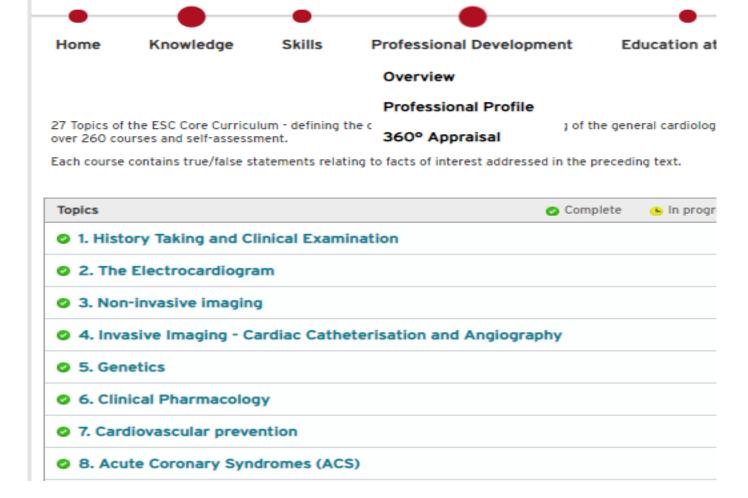
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Knowledge

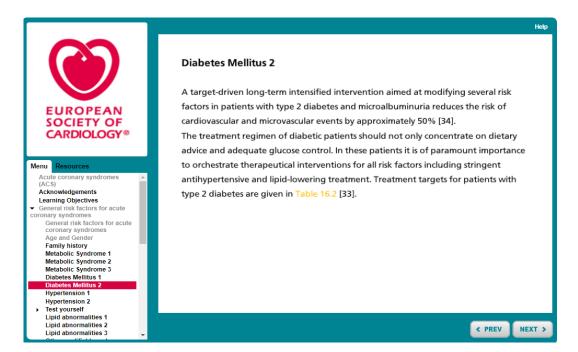


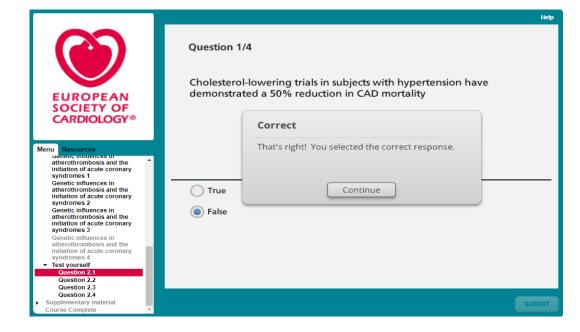






Knowledge





Skills: case and procedure logbook

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Case Logbook

Please note that this Case Logbook is for your personal records only.

Subject	# Submitted	# Required	Status
5. Genetics	0	4	Not Started
7. Cardiovascular prevention	0	8	Not Started
8. Acute Coronary Syndromes (ACS)	0	4	Not Started
9. Chronic Ischaemic Heart Disease	0	4	Not Started
10. Myocardial Diseases	0	4	Not Started
11. Pericardial Disease	0	4	Not Started
12. Oncology and the Heart	0	4	Not Started
13. Congenital Heart Disease in Adult Patients	0	4	Not Started
14. Pregnancy and Heart Disease	0	4	Not Started
15. Valvular heart disease	0	4	Not Started
16. Infective endocarditis	0	4	Not Started
17. Heart Failure	0	4	Not Started
18. Pulmonary hypertension	0	4	Not Started

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Procedure Logbook

•

Use this section to record procedures in the logbook.

Add Procedure

Showing months of training 1-0 of 0

ILR

Completed: 0 Min. required: 5

Recommended: 5

CORONARY AND/OR LV ANGIOGRAPHY

Months of Training

Completed: 0

Min. required: 300 Recommended: 300

ICD IMPLANTATION

Completed: 0 Min. required: 10 Recommended: 10

Professional development: professional profile

wledge

cation at ESC

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Professional Profile



lopment

The Royal College of Physicians of London (UK) have defined it as a:

"Set of values, behaviours and relationships that underpin the trust the public has in

Professionalism is a requirement for all healthcare professionals. Whilst we as cardi

recognise professional and unprofessional behaviour, defining professionalism is diff

This definition can be used as a benchmark against which we can develop, maintain demonstrate our own professionalism.

A free online module on professionalism can be completed here

In addition to your qualifications and clinical experience, it is also important to addr aspects of your continued professional development including:

- 1. Publications
- 2. Teaching
- 3. Professional Experience
- 4. Research
- Meetings
- 6. Additional information









Teaching Professional Experience Publications Research

Many opportunities exist to publish your work. These may include:

- Poster and oral presentations at conferences
- Letters
- Case studies
- Case series
- Scientific papers (original scientific research)
- Educational articles

Webinars





webbkurser



presentation av kliniska fall



online diskussion



tips för implementering av riktlinjerna



Clinical Case Gallery



kliniska fall



möjlighet att testa dina kunskaper



Clinical Case Gallery (2)



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ESC Clinical Case Gallery



Students, cardiologists and allied professionals wishing to refresh their clinical skills can practise in real-case situations to test their knowledge. Or they can share experiences by submitting clinical

These cases present real and typical clinical scenarios that are followed, managed and discussed in light of current ESC recommendations. They usually focus on one central topic, although a case will often touch on several fields in cardiology, illustrating multiple issues and guidelines.

Share your case and get a chance to be published in the European Heart Journal - Case Reports

Best cases from the ESC Clinical Case Gallery is an initiative launched by the ESC Education Committee, the ESC Clinical Case Task Force in collaboration with the European Heart Journal - Case Reports, which objective is to reward the best cases for their outstanding quality and educational content.

The European Heart Journal - Case Reports will offer on a regular basis a publication, free of charge, to the best cases published on the ESC Clinical Case Gallery. Selected authors will be contacted accordingly

Diseases of the Aorta, Peripheral Vascular Disease, Stroke, Interventional Cardiology and Surgery	Arrhythmias and Device Therapy	Cardiovascular Nursing and Allied Professions
See more >	See more >	See more >
Coronary Artery Disease, Acute Coronary Syndromes, Acute Cardiac Care	Heart Failure Seemore >	Hypertension See more >
Imaging	Preventive Cardiology	Valvular, Myocardial, Pericardial, Pulmonary, Congenital Heart Disease
See more >	See more >	See more >

Clinical Case Gallery (3)

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Most recent cases (sign-in is necessary)

Dec 2020	A Case of Immune Checkpoint Inhibitor Myocarditis / Simran Shergill	Echocardiography
Dec 2020	A late complication of ASD closure presenting as chest pain / Syed Rizwan Ali	Computed Tomography
Dec 2020	A mediastinal mass in a female patient presenting with severe pulmonary hypertension and right ventricular failure: a case report / Julie Ann Stephanie Miralles	Chronic Heart Failure - Cli
Dec 2020	An interesting case of 3'P's - Primary Pericardial Primitive neuroectodermal tumor in an infant : A case report / Vikas Reddy	Tumors of the Heart - Clir
Dec 2020	An unusual case of left main coronary artery aneurysm complicated with aortic regurgitation / John Joel Javier	Coronary Artery Disease

« ESC Clinical Case Gallery

A Case of Immune Checkpoint Inhibitor Myocarditis

Simran Shergill, James Bloomfield

Clinical Case Information

Main Contact Simran Shergill

simran.sherqill@nhs.net

Case Authors Simran Shergill, James Bloomfield

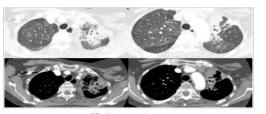
Description A 76-year-old female presented with dyspnoea and fatigue following the initiation of an immune checkpoint inhibitor. Past medical history included a stage Illa left upper lobe adenocarcinoma treated with adjuvant durvalumab. During admission, she experienced left sided pleuritic chest pain with ECG demonstrating anterior Q-waves and concave ST-segment elevation in lead II and V6. Troponin-T measured 2193ng/L and echocardiogram revealed severe left ventricular diastolic dysfunction with a preserved systolic function. Methylprednisolone was commenced with mycophenolate mofetil added due to a relapse in troponin-T levels and titrated due to static biomarkers. Clinical, symptomatic and biochemical improvement was achieved with a recovering diastolic dysfunction. She was weaned onto prednisolone and treatment was completed 4 months later with troponin-T measuring 59ng/L.

Main Topic Echocardiography

ESC Guideline Cancer treatments & cardiovascular toxicity 2016 (Position Paper)

Outcomes

- · Myocarditis is a rare but recognised complication of immune checkpoint inhibitors that carries a high mortality
- · Immune checkpoint inhibitor-related myocarditis can present with a varied clinical picture from asymptomatic to severe, life threatening cases



Question 1 of 1

According to the European Society of Cardiology (ESC) Task Force criteria: which of the following is the gold standard investigation to diagnose myocarditis?



material från ESC kongresser

ESC Guidelines into Practice Tracks



webcasts, kongressföreläsningar, posters



kopplat till ESC Guidelines

Guidelines into Practice Tracks (2)



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European Society of Cardiology > Education > Practice Tools & Support > Guidelines into Practice Tracks

Practice Tools & Support CVD Prevention Toolbox **EACVI Imaging Toolboxes** Guidelines into Practice Tracks ACC Clinical Decision Making Toolkit Pocket Guidelines App Guidelines Summary Cards ACS Trials Comparison Tool Atrial Fibrillation Patient Website Heart Failure Patient Website ESC Science In Your Language ESC Guidelines Implementation Toolkit for Nurses and Allied Professionals ESC Prevention of CVD Programme

Guidelines into Practice Tracks



The Guidelines into Practice Trac bring you the best of ESC Congress, specifically for the implementation of ESC Clinical Practice Guidelines.

These tracks are produced with t cooperation of, and contributions from, the ESC Congress
Programme Committee and the ESC's educational resources.

Access the full guidelines

Follow the Guidelines into Practice Tracks in ESC 365

Date	
2018	Myocardial Revascularization
2018	Myocardial Infarction
2018	Arterial Hypertension
2010	Droopspay

Guidelines into Practice Tracks (3)

Practice Guideline Track on Myocardial Revascularization 2018

Guidelines into Practice

Topic(s): Coronary Artery Disease (Chronic); Cardiovascular Surgery; Acute Cardiac Care;

Contributor: Special thanks to Professor Dirk Sibbing

Based on the 2018 ESC/EACTS Guidelines in Myocardial Revascularisation.

Overview of the Guideline

2018 ESC/EACTS Guidelines on Myocardial Revascularization - Introduction.	E	0
Diagnostic tools to guide myocardial revascularization.	读	0
Myocardial revascularization in patients with stable coronary artery disease.	ক্র	0
Myocardial revascularization in patients with acute coronary syndromes.	কু	0
Technical aspects of CABG.	卤	0

Clinical Presentation

coronary artery disease, acute coronary syndromes, acute cardiac care	Optimal antithrombotic treatment in the first year post PCI for ACS	读	0
coronary artery disease, acute coronary syndromes, acute cardiac care	Optimal antithrombotic treatment beyond the first year post PCI for ACS	卤	0
interventional cardiology and cardiovascular surgery	De-escalation of dual antiplatelet therapy intensity in acute coronary syndrome.	卤	0
coronary artery disease, acute coronary syndromes, acute cardiac care	FFR, iFR and Pd/Pa: evaluation of coronary physiology before revascularisation	<u>ত্</u>	0
interventional cardiology and cardiovascular surgery	Non-culprit lesions in primary PCI - Which and when to treat	读	0

Basic tools in General Cardiology



i Society of Cardiology ⇒ Education ⇒ e-Learning

rning ical Case Gallery the ESC training and in platform on demand es into Practice Tracks

Basic Tools in General Cardiology

Topic(s): Arrhythmias, General; Treatment; Invasive Imaging and Functional Assessment; C

A quick and straightforward on-demand toolbox on Basic Tools in General Cardiology

These basic tools in General Cardiology were recorded in February 2018 at Cologne Universit Germany, under the supervision of Professor Stephan Baldus, ESC Education Committee men

"Right heart catheterization"

Presented by Prof. Stephan Rosenkranz, Heart Center of the University Hospital of Cologne and Dr. Luke Howard, Hammersmith Hospital, Imperial College London, UK.



"Puncture pericardial effusion"

Presented by Prof. Volker Rudolph, Heart Center of the University Hospital of Cologne.



"ECG based interpretation of tachycardias"

Presented by Prof. Daniel Steven, Electrophysiology, Heart Center, University Hospital Cologne, Germany and





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Guidelines into Practice Tracks

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Pocket Guidelines App

Download the free ESC Pocket Guidelines App and its interactive tools onto your mobile device.

Specialty Tools



Summaries of main messages from the ESC Guidelines in a short practical format and straightforward language.



ACVC Clinical Decision Making Toolkit

One of the best tools to help practitioners make the best bedside clinical decisions when managing patients with acute cardiovascular diseases

See more >



Prevention Toolbox and HeartScore

Practical risk assessment and management tools, including risk charts, HeartScore, HeartQol and Guidelines toolkit.

See more >



Imaging Toolboxes

Richly illustrated teaching chapters from experts in the field of cardiovascular imaging, including 3D echo, contrast echo, and valvular imaging.

See more >



ACS Trials Comparison Tool

STARTRIAL: Search, review, and compare data from Acute Coronary Syndromes trials.

ntion-of-CVD-Programme



ESC CVD Calculation Risk App

Your CVD risk calculators in one app

- Assess individual cardiovascular risk for
- different patient populations
 Includes up to 10-year risk and lifetime risk
- Get insights on treatment effects Patient material and support



ESC Prevention of CVD Programme

Could your patient benefit from better secondary prevention? Find out more with the scientific and educational resources from this multi disciplinary programme.



Preventive Cardiology Patient Website

Cardiovascular disease is a common condition, accounting for 4 million deaths per year in Europe. Find reliable information and practical advice to prevent cardiovascular disease, manage your health more effectively

Visit Healthy-Heart.org >



Atrial Fibrillation Patient Website

An educational website designed by health professionals and patients for people suffering from atrial fibrillation. It is also a valuable resource for families and caregivers.



Heart Failure Patient Website

The heartfailurematters org website highlights how, with simple changes in lifestyle, a better understanding of heart failure and appropriate treatment, many people live full and active lives. It is time for us to help them take charge of their health. Available in Arabic, Dutch, English, French, German, Greek, Polish, Portuguese, Spanish

and Swedish.



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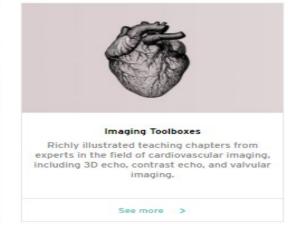
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data from Acute Coronary Syndromes trials.

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Your CVD risk calculators in one app

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- Get insights on treatment effects



ESC Prevention of CVD Programme

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Patient material and support



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Atrial Fibrillation Patient Website

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Available in Arabic, Dutch, English, French, German, Greek, Polish, Portuguese, Spanish

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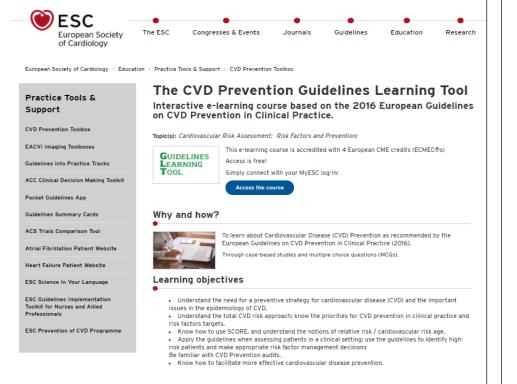


Heart Failure Patient Website

The heartfailurematters.org website highlights how, with simple changes in lifestyle, a better understanding of heart failure and appropriate treatment, many people live full and active lives. It is time for us to help them take charge of their health.

and Swedish.

The CVD Prevention Guidelines Learning Tool





Learning objectives

European Guidelines on

prevention in clinical

Test your knowledge

cardiovascular disease

Guidelines Learning Tool

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Guidelines Learning Tool

Risk factors - assessment and management
 Prof. I Graham (Ireland) - Dr. M-T Cooney (Ireland) -

Learning objectives

The aim of this program is to facilitate healthcare professionals in learning about Cardiovascular Dis Clinical Practice (2016), with an emphasis on case-based studies and multiple choice questions.

Upon completion of this learning course, participants should:

- . Understand the need for a preventive strategy for cardiovascular disease (CVD) and the important
- Understand the total CVD risk approach; know the priorities for CVD prevention in clinical practice
- Know how to use SCORE, and understand the notions of relative risk / cardiovascular risk age
- Apply the guidelines when assessing patients in a clinical setting; use the guidelines to identify high
- Be familiar with CVD Prevention audits
- · Know how to facilitate more effective cardiovascular disease prevention

Acknowledgement: Supported by Pfizer LTD in the form of an unrestricted educational grant.

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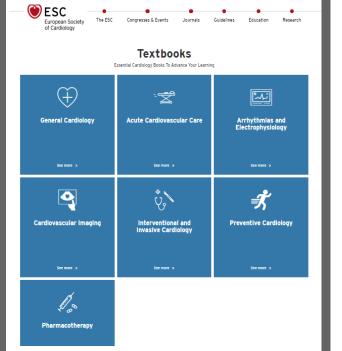
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ESC CardioMed (3 edn) à

Edited by A. John Camm, Thomas F. Lüscher, Gerald Maurer, and Patrick W. Serruys Previous Edition (2 ed.)

Abstract

ESC CardioMed is a ground-breaking initiative from European Society of Cardiology together with Oxford University Press that transforms reference publishing in cardiovascular medicine in order to better serve the needs of this rapidly advancing specialty, ESC CardioMed is an encyclopedic online resource covering more than 60 disciplines within cardiology. It will be updated online 3 times a year by the world's leading clinicians, scientists, and researchers to reflect the latest in global cardiology. More than 1000 of the world's leading specialists, ranging from researchers to clinicians, ... More



ESC Professional Members sign in via Society site for ESC CardioMed access Read More

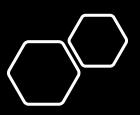
On the Radar
 Fast-track updates

A. John Camm, editor Professor of Clinical Cardiology, St George's Hospital, University of London, UK

Thomas F. Lüscher, editor Director of Research, Education & Development and Consultant of Cardiology, Royal Brompton & Harefield Hospital Trust and Imperial College, London, UK and Center for Molecular Cardiology, University of Zurich, Switzerland

Gerald Maurer, editor Professor of Medicine, Medical University of Vienna, General Hospital, Vienna,

Patrick W. Sernivs, edito



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Digital Health in Action

In addition to advising and guiding on Digital Health matters, the ESC develops Digital Health tools to support the delivery of best practice and ongoing medical education to its members and is directly involved in Digital Health projects.

Guidelines and Recommendations Apps from the ESC



ESC Pocket Guidelines App

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EHRA Key Messages

This apps contains the main messages of our published scientific documents providing highlights in a concise and accessible format.





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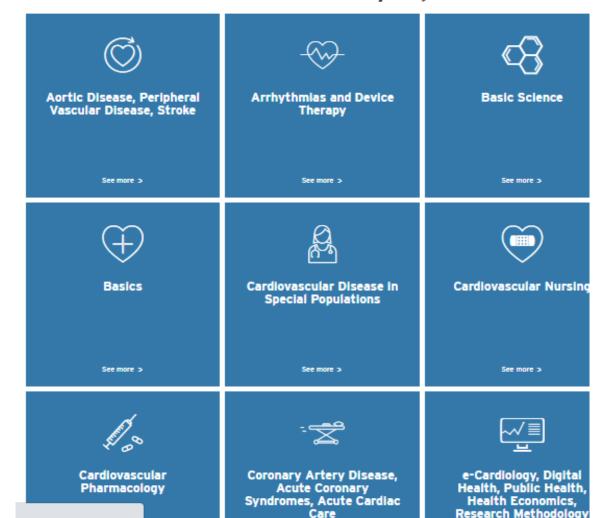
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Heart Failure ESC Education by Topic

Discover what the ESC offers to further your education in this topic.

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Congresses & courses

development

Publications

Online learning

Webinars

Upcoming

Monday 08 February 2021 from 18:00 to 19:00 CET []



ESC Guidelines on acute pulmonary embolism - practical guidance into clinical practice. Part 1: Acute phase - diagnosis and risk adjusted management Join Dr. Erik Klok, Prof. Plotr Pruszczyk and Prof. Stavros Konstantinides.

Free for everyone.

ESC Education by Topic

ESC 365 Presentations

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- Pathophysiology and risk factors.
 Transplantation, cardiac resynchronisation th
 Risk associated with subsequent pregnancy.
- · Pharmacological management.

- Pharmacological management.

 Percutaneous support in the cash lab: beyond the balloon pump.

 Percutaneous support in the cash lab: beyond the balloon pump.

 Left ventricular assist devices as bridges to transplant.

 For whom and when? Patient selection and timing.

 Don't forget the right heart! The emerging roles of biventricular assist devices.

 Introduction: Iron deficiency in heart failure From evidence to practice.

View all from this topic on ESC 365

Clinical Case Gallery

Latest Clinical Cases

01 Dec 2020	A mediastinal mass in a female patient presenting with severe pulmonary hypertension and right ventricular failure: a case report	Chronic Heart Failure - Clinical
20 Apr 2020	A Case of Acute Heart Failure and Conduction System Disease: Early Diagnosis Essential for Favourable Outcome	Acute Heart Failure - Clinical
20 Apr 2020	Biventricular long-term ventricular assist device implantation in a patient with cardiogenic shock: A journey from INTERMACS-I to NYHA-I	Acute Heart Failure - Clinical

Congresses & Courses

Congresses & Meetings

Tuesday 29 June - Thursday 01 July 2021 (3 Days)



Heart Fallure 2021

Friday 27 - Monday 30 August 2021 (4 Days) []



ESC Congress 2021 - The Digital Experience

Live courses

Career Development

Certification

Certification exams are organised every year. Learn more

Grants

Need a hand? The ESC provides more than €2 million in grants and fellowships to healthcare professionals throughout the year.





Publications

ESC Clinical Practice Guidelines

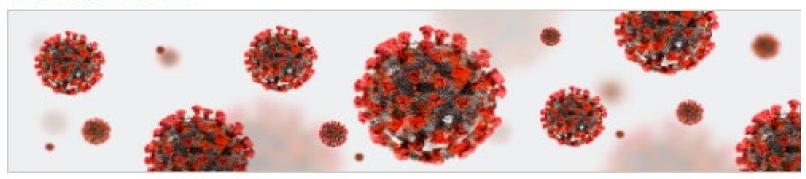
20/05/2016	Acute and Chronic Heart Failure	
29/08/2015	Ventricular Arrhythmias and the Prevention of Sudden Cardiac Death	
29/08/2015	Pulmonary Hypertension	
30/08/2014	Hypertrophic Cardiomyopathy	

COVID-19 and cardiology



COVID-19 and Cardiology

Last updated on 3 February 2021



The ESC is a vast, diverse community. We learn from each other so that we can give our patients the best possible care. Never has this been more than during a pandemic. This page is designed to provide you with an array of useful resources, updated regularly.

You have a mission. We're here to help.

Education >

e-Learning

Courses

Career Development

European Heart Academy Postgraduate Programmes

Practice Tools & Support

Textbooks

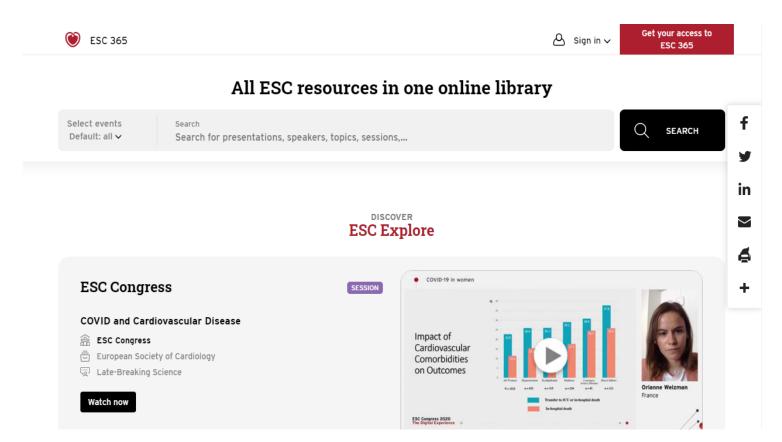
ESC Digital Health

ESC Education by Topic

COVID-19 and Cardiology

ESC 365

https://esc365.escardio.org/



ESC Cardiotalk



The ESC

Congresses & Events

Journals

Guidelines

Education

Research

European Society of Cardiology > The ESC > What We Do > News & Media



ESC Cardio Talk

The podcast series featuring key opinion leaders in cardiovascular medicine





Hear Peter Libby, Deepak Bhatt, Franz Messerli, Roxana Mehran, Tom Guzik, and many more discussing the latest science that can impact your practice.

Available on your favourite apps











Journal Editorials

· COVID-19 pandemic: complex interactions with the arrhythmic profile and the clinical course of patients with cardiovascular disease

With Giuseppe Boriani and Marco Vitolo, Univ. Hospital of Modena & Reggio Emilia - Italy



Journal Editorial - COVID-19 pandemic: complex interactions with the arrhythmic pro...

00:00:00 / 00:08:15









Tack för uppmärksamheten!



"You don't have to worry about my future any more — I just downloaded an entire college education."